AUGUST 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
Balance Class	Line Dancing 9:00am-10:00am	Casual Chat	Line Dancing 9:00am-10:00am	Threads	
9:00am-9:45am	Chair Exercise 10:30am-11am	11:00am-12:00pm	Chair Exercise	9:15am-12:15pm	
Sit and Sew	Casual Chat	Dining	10:30am-11:00am	Let's Get Crafting	
9:00am-12:00pm Chair Exercise	11:00am-12:00pm	11:15am-11:45am	Casual Chat	10:00am-11:00am	
10:00am-10:45am	Dining 11:15am-11:45am	GAME DAY 12:00pm-1:30pm	11:00am-12:00pm	Casual Chat	
Casual Chat	BINGO	the second secon	Dining 11:15am-11:45am	11:00am-12:00pm Dining	-
11:00am-12:00pm	12:00pm-1:00pm	JJJJ	BINGO	11:15am-11:45am	-
Dining	Creative Expressions	11/ 200	12:00pm-1:00pm		
11:15am-11:45am MvActiveCenter.com Training	1:15pm-2:15pm	Madiana On A	Grief Support 1:15pm-2:15pm		
12:30pm-1:30pm	All About Line Dancing 1:30pm-3:00pm	Medicare Q&A 1:30pm-3:00pm	All About Line Dancing 1:30pm-3:00pm		
Balance Class	Line Dancing 9:00am-10:00am	10 Balance Class	Line Dancing 9:00am-10:00am	12 Threads	13
9:00am-9:45am	Chair Exercise	9:00am-9:45am	Chair Exercise	9:15am-12:15pm	
Sit and Sew	10:30am-11:00am	Chair Exercise	10:30am-11:00am	Jewelry Made Easy	
9:00am-12:00pm	Casual Chat	10:00am-10:45am	Casual Chat	10:00am-11:00am	
Chair Exercise 10:00am-10:45am	11:00am-12:00pm	Casual Chat	11:00am-12:00pm	Casual Chat	
Casual Chat	Dining 11:15am-11:45am	11:00am-12:00pm Dining	Dining	11:00am-12:00pm	14
11:00am-12:00pm	BINGO	11:15am-11:45am	11:15am-11:45am BINGO	Dining 11:15am-11:45am	
Dining	12:00pm-1:00pm	Healthy Lifestyle	12:00pm-1:00pm	i i. iodin- i iiodili	
11:15am-11:45am	Therapy Partners 1:00pm	12:00pm-1:00pm	Grief Support 1:15pm-2:15pm		
RSV & YOU	Creative Expressions	MyActiveCenter.com Training	All About Line Dancing		
12:00pm-1:30pm	1:15pm-2:15pm All About Line Dancing	1:30pm-2:30pm	1:30pm-3:00pm	1	
	1:30pm-3:00pm				
15	16 Line Dancing 9:00am-10:00am	17 Balance Class	18 Line Dancing 9:00am-10:00am	19 Threads	20
Balance Class	Chair Exercise	9:00am-9:45am	Chair Exercise	9:15am-12:15pm	
9:00am-9:45am	10:30am-11:00am	Chair Exercise	10:30am-11:00am	Casual Chat	
Sit and Sew 9:00am-12:00pm	Casual Chat	10:00am-10:45am	Casual Chat	11:00am-12:00pm	
Chair Exercise	11:00am-12:00pm Dining	Casual Chat 11:00am-12:00pm	11:00am-12:00pm	Dining	
10:00am-10:45am	11:15am-11:45am	Dining	Dining 11:15am-11:45am	11:15am-11:45am	21
Casual Chat	BINGO	11:15am-11:45am	BINGO		0
11:00am-12:00pm	12:00pm-1:00pm	Ending The Stigma-Unity	12:00pm-1:00pm		
Dining 11:15am-11:45am	Creative Expressions 1:15pm-2:15pm	12:00pm-1:00pm	Grief Support 1:15pm-2:15pm		Ï
MyActiveCenter.com Training	All About Line Dancing	MyActiveCenter.com Training 1:30pm-2:30pm	All About Line Dancing 1:30pm-3:00pm		
12:30pm-1:30pm	1:30pm-3:00pm				
22 Balance Class	23 Line Dancing 9:00am-10:00am	24 Balance Class 9:30am-12:00pm	25 Line Dancing 9:00am-10:00am	26 Threads	27
9:00am-9:45am	Chair Exercise	Big Green Bus	Chair Exercise	9:15am-12:15pm	
Sit and Sew 9:00am-12:00pm	10:30am-11:00am Casual Chat	9:30am-12:00pm	10:30am-11:00am	Casual Chat	
Chair Exercise	11:00am-12:00pm	Chair Exercise 10:00am-10:45am	Casual Chat 11:00am-12:00pm	11:00am-12:00pm	0.0
10:00am-10:45am	Dining	Casual Chat	Dining	Dining 11:15am-11:45am	28
Casual Chat	11:15am-11:45am	11:00am-12:00pm	11:15am-11:45am		
11:00am-12:00pm	BINGO	Dining	BINGO		
Dining 11:15am-11:45am	12:00pm-1:00pm Creative Expressions	11:15am-11:45am MyActiveCenter.com Training	12:00pm-1:00pm	ı	
MyActiveCenter.com Training	1:15pm-2:15pm	1:30pm-2:30pm	Therapy Partners 1:00pm Grief Support 1:15pm-2:15pm	ı	
12:30pm-1:30pm	All About Line Dancing		All About Line Dancing	1	ĺ
29	1:30pm-3:00pm 30		1:30pm-3:00pm		
Balance Class	Line Dancing 9:00am-10:00am	31 Balance Class	ACTIVITIES SUBJECT TO CHANG		
9:00am-9:45am	Chair Exercise 10:30am-11am	9:00am-9:45am	Members can preregister online at www.MyActiveCenter.com with a center-issued key fob. In Center Dining is available on a first-come/first-served basis to clients 60 years of age or		
Sit and Sew	Casual Chat	Chair Exercise			
9:00am-12:00pm	11:00am-12:00pm	10:00am-10:45am	older with an approved TARCOG form on file. Billiards are available Monday through Friday:		
Chair Exercise	Dining	Casual Chat	Session 1: 8:00 am to 11:00 am		
10:00am-10:45am Casual Chat	11:15am-11:45am BINGO	11:00am-12:00pm Dining	Session 1: 0.50 am to 11.00 am		
11:00am-12:00pm	12:00pm-1:00pm	11:15am-11:45am	Card Play Available Monday through Friday:		
Dining	Creative Expressions	MyActiveCenter.com Training	Session 1: 8:00 am to 11:00 am		
11:15am-11:45am	1:15pm-2:15pm	1:30pm-2:30pm	S	ession 2: 12:00 pm to 3:00 pm	
MyActiveCenter.com Training 12:30pm-1:30pm	All About Line Dancing 1:30pm-3:00pm				
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